



Social-Emotional Learning & Building Relationship Skills

What is Social-Emotional Learning?

Social-Emotional Learning (SEL) allows for students to build on their strengths by developing skills through hands-on learning, giving young people a voice during the learning process and supporting youth through positive relationships with adults over an extended period of time. SEL allows for students to analyze self-awareness, self-management social awareness, relationship skills and responsible decision making.

Relationship Skills

Through the Adopt a Classroom program, we hope our volunteers can help youth build a relationship with an agriculturist while learning more about Indiana agriculture.

By participating in the Adopt a Classroom program, we hope our volunteers and students can model and promote positive communication skills by using active listening and positive/constructive feedback.

Through the Adopt a Classroom program, youth will be able to practice an “Experiential Learning Model” (following steps):

- 1. Experience**
- 2. Share**
- 3. Process**
- 4. Generalize**
- 5. Apply**

Communication is a primary life skill. Students will observe volunteers sharing thoughts while listening and giving feedback to questions.

Active Listening

Students will:

- Be encouraged to empathize as they visualize their volunteer’s job and environment.
- Be attentive by making an effort to listen carefully.
- Reflect back on the volunteer’s important thoughts and feelings.
- Be encouraged to ask open-ended questions.