

# PROTECTING YOUR FAMILY'S INHERITANCE FROM LONG-TERM CARE COSTS

INDIANA AGRICULTURAL LAW FOUNDATION

MICHELLE ADLER

JULY 19, 2024



**GORDON & ASSOCIATES**  
PROFESSIONAL CORPORATION

# Various Ways to Pay for Long-Term Care without using up farm assets

- 3 Primary Ways to Pay for Long-Term Care:
  - Income Flow
  - Long-Term Care Insurance
  - Government Benefits

# Paying for Long-Term Care with Income Flow

Concept: You have enough income to pay for costs of care without selling off farm assets

## To do:

- Accurately estimate your after-tax income (as if you are over 72 ½ and no longer farming)
  - Include ALL sources of income
  - Social Security, Required Minimum Distributions, farm cash rent, etc.
- Compare that estimate against the current cost of long-term care
  - Nursing home average: \$91,620/yr
  - Can be upwards of \$120,000/yr

# Paying for Long-Term Care with Insurance

Concept: You have enough long-term care insurance benefits in combination with your income to pay for costs of care without selling farm assets

## To-do:

- If you currently have long-term care insurance:
  - Review the policy to determine whether to keep in place
    - How much does the policy pay per day?
    - For how many years?
    - Are the benefits increasing with inflation?



# Paying for Long-Term Care with Insurance

## To-do:

- If you do not currently have long-term care insurance and:
  - You are young and healthy:
    - Apply now
    - But policy will most likely be a hybrid policy
- You are older and/or unhealthy:
  - You can apply now, but will likely be denied or premiums will be excessively high

# Paying for Long-Term Care with Government Benefits

Concept: Use Veteran's Benefits or Medicaid benefits to pay for long-term care

## To-do:

- If you are a Veteran:
  - Visit your local Veterans' services office to review your benefits.
  - Assess whether those benefits will be enough to cover your cost of care
- If you are not a Veteran (or your Veterans' benefits are not adequate)
  - Meet with an elder law attorney to discuss what steps (if any) should be taken NOW to set yourself up to qualify for Medicaid benefits WITHOUT losing farm assets

# Paying for Long-Term Care with Medicaid Benefits

## To-Do:

- If you believe neither you nor your spouse (if any) will need long-term care in the next 5 years:
  - Determine what assets you most want to preserve:
    - Typically farm real estate
    - Sometimes residential real estate and/or large non-qualified accounts
  - Get those assets out of your individual name(s) using one of the following:
    - Outright gifts
    - Gifts of real estate with retained life estates
    - Gifts to an irrevocable trust
    - Transfers to an LLC then gifts of LLC Interest

# Paying for Long-Term Care with Medicaid Benefits

## Outright Gifts:

### Pros:

- Simplicity – need only a deed, check, stock certificate, etc.
- Can be used for many types of assets

### Cons:

- Gift takes income with it
- Donor has not right to live residence – loss of homestead deduction
- Donor loses control of assets – e.g. who rents real estate and on what terms
- Donee gets donor's basis – no basis step-up
- Asset is subject to donee's creditors – divorce, bankruptcy, etc.



# Paying for Long-Term Care with Medicaid Benefits

## Gifts of Real Estate with a Retained Life Estate:

### Pros:

- Simplicity – need only a deed
- Donor retains income from real estate and right to live in home during donor's life
- Donor retains control during donor's life – e.g. who rents real estate on what terms
- Donee gets basis step-up at donor's death

### Cons:

- Any sale or mortgage of real estate requires signatures of both donor and donee
- If real estate is sold during donor's life, sale proceeds split between donor and donee
- Donee's divorce for financial difficulties can cause problems
- Difficult for donor to control after death

# Paying for Long-Term Care with Medicaid Benefits

## Gifts to an Irrevocable Trust:

### Pros:

- Donor may have right to live in home/homestead exemption during donor's life
- Donor may retain income and, if so, assets get basis step-up at donor's death
- Trust can be used to control assets during donor's life and at death
- Trust can be used to protect many types of assets – e.g. real estate, investments, etc.
- Not subject to divorce of creditors of ultimate beneficiaries during donor's life

### Cons:

- Most terms of the trust cannot be changed
- Donor cannot be the trustee

# Paying for Long-Term Care with Medicaid Benefits

## Transfers to an LLC then gifts of LLC Interest:

### Pros:

- Donor may preserve control by being the Manager
- Donor may receive a salary – but not distributions
- Can be used to reduce death taxes

### Cons:

- Assets do not receive basis step-up at donor's death
- LLC interests are attachable by donee's creditors and ex-spouses

# Paying for Long-Term Care with Medicaid Benefits

## To-Do:

- If your need for long-term care is imminent:
  - Don't Panic
  - Make an appointment with an elder law attorney to take advantage of:
    - Spousal impoverishment rules
    - Spend-down rules
    - Half-a-loaf gifting
    - Certain types of annuities

# Paying for Long-Term Care with Medicaid Benefits

## To-Do:

- If you do not believe you have 5 years until you may need long-term care, but long-term care is not imminent:
  - Get a Durable General Power of Attorney in Place with Unlimited Gifting Authority
  - Make sure your estate plan accurately reflects your current wishes

**260.824.9377 | [gordonlegal.net](http://gordonlegal.net)**

**BLUFFTON | FORT WAYNE | HUNTINGTON | ROCHESTER**



**MICHELLE ADLER**

**GORDON & ASSOCIATES**  
PROFESSIONAL CORPORATION