

WATERMELON

In 2024, Indiana ranked 6th nationally in watermelon production. Watermelons are grown on over 6,500 acres, mainly in southern Indiana.

It takes 80-90 days to grow a watermelon. Once the watermelons are ripe, workers cut the watermelons off the vine and load them onto a wagon. After they are loaded on the wagon they are sold at markets, or are shipped to grocery stores or processing facilities.

Watermelons are considered both a fruit and a vegetable. Every part of the watermelon can be eaten, including the rind and the seeds. Watermelons are 92% water and help the body stay hydrated. Watermelons also have vitamin A and help with your eyes and skin.



ASK AN ADULT FOR HELP! RECOMMENDED TO BE DONE OUTSIDE

In this fun and fruity experiment, kids will create their own "volcano" using a watermelon and baking soda, simulating an exciting volcanic eruption!

MATERIALS:

- Watermelon
- Dish Soap
- Baking Soda
- Melon Baller Tool
- Food Coloring
- Vinegar

INSTRUCTIONS:

- Hollow out a small watermelon with a melon baller tool. Enjoy the watermelon as a snack!
- Add at least a ½ cup of baking soda to start.
 Add more if you want a larger explosion.
- Add a couple squirts of dish soap into the watermelon.
- Add in a couple drops of food coloring.
- Pour vinegar straight into the watermelon and back away quickly. Stand back and watch your watermelon erupt!





WATERMELON STRUCTURES

MATERIALS:

- Watermelon
- Craft sticks
- Skewers
- Toothpicks
- Plastic trays
- Cookie cutters

DIRECTIONS:

- 1. Set out two trays, one with watermelon squares and one with wooden craft sticks, skewers and toothpicks.
- 2. Use cookie cutters to cut the watermelon into different shapes.
- 3. Use the materials on the second tray to build a creative structure.
- 4. You can take it apart and put it back together in new ways.
- 5. Draw the final design below!
- 6. Take it apart and enjoy your snack.



DRAW YOUR WATERMELON STRUCTURE:



SCAN THE QR CODE TO
WATCH A VIDEO
ABOUT AN INDIANA
WATERMELON FARMER.

OR VISIT: bit.ly/IASmelon

DID YOU KNOW?

A seeded watermelon can come in many shapes and weigh anywhere from 15-45 pounds.



WATERMELON LEMONADE

Ask an adult for help.

INGREDIENTS:

- 6 cups water
- 1 cup sugar
- 5 cups of watermelon
- 1 cup of lemon juice
- Watermelon slices for garnish

DIRECTIONS:

- 1. Combine 1 cup of water with the sugar in a saucepan. Cook over medium-low heat, stirring until the sugar is dissolved.
- 2. Place watermelon in a blender and puree until completely smooth.
- 3. Pour the watermelon puree through a strainer into a pitcher. Add the syrup from step one, lemon juice and 5 cups of water and stir well.
- 4. Store in the fridge until ready to serve. Garnish with a watermelon slice.

Indiana Agtivity Sheets are provided by Indiana Farm Bureau Agriculture in the Classroom. For more information, please contact inaitc@infb.org or visit www.infb.org/aitc.

